Attachment 2. Herb and Plant Quick Reference Remedy Sheet

	antiseptic	anxiety	asthma	bladder	bleeding	breast feeding	broken bones	bronchial congestion	burns	Cold, cough, flu	colicky stomach	constipation	depression	diaper rash	diarrhea	digestion	dry skin	earache	eye problems	female problems	fever	fleas	gall bladder	gas	Gout	headache	heartburn	hemorrhoids	inflamation	insect bites	insect repellent	kidneys	lice	liver ailments	muscle aches	nervousness/hysteria	rashes	rheumatism	sexual problems	sleeplessness	snake bites	sore throat	sores	stomace elments	sun burn/freckles	toothache/teething	warts	witch craft	worms	wounds
Alder Tree																																	x																	
Aloe									x			x		x																																				
Anise																								x				x																						
Bedstraw				x																		x									x	x											x						
Black Birch Tree																																		x																x
Borage																					x																x												
Buckeyes																												x								x													
Burdock														x											x											x								x						x
Burnett					x																			x																									
Caraway																								x																									
Catnip											x																																						
Celery																								x																									
Chamomile		x																																	x			x		x								
Coltsfoot			x						x	x																																						
Comfrey			x				x	x																																			x	x				x
Cone Flower																										x				x											x							
Corn Flower					x																																												
Cow Parsnips																																															x			
Dandelion												x											x				x							x														
Dead Nettle															x																																		
Dill											x																																				x		
Dogwood												x																																					
Elderberry										x											x																												
Eye Bright																			x																														
Fennel						x													x																										x			x		
Feverfew														x							x									x	x				x											x		
Flax																													x																	x		
Forget-me-not																													x																			
Garlic	x																																															
Golden Rod																					x			x																									
Holly																																															x		
Horehound										x																																						
Horse Tail																																													x				x
Lavender		x																						x						x					x				x								
Mayapple												x																																					
Mint		x																						x																								
Motherwort																				x																												
Mountain Ash															x																																	
Mullein										x								x																													x		
Mustard								x		x																																						
Onions	x																																														x	x		
Pumpkins																				x											x																x	x
Queen Anne Lace																								x							x															x	
Red Clover									x	x																																	x				x	
Rosemary						x				x															x	x																				x		
Sage						x														x	x			x												x												
Sedum																																																	x
Slippery Elm									x			x		x	x		x															x				x							x				x
St. Johns Wort		x											x	x																x					x	x								x		x	x
Tansy																						x								x																		
Violet																										x																							
Water Lilly																																																	
Witch Hazel	x																																															
Yarrow				x			x		x	x								x			x																							x			x		x